

Chapter- 11

Team Spirit in Sports

LR Work

Page no -78, Quick Start

Homework

Page no- 81, Mind Map

Team spirit in sport:

- Communicating with each other.
- Playing as a team.

Let's Practise:

1. Which-----options:

- a. ✗
- b. ✓
- c. ✓
- d. ✓
- e. ✓
- f. ✓
- g. ✓
- h. ✓
- i. ✓
- j. ✓

2. Fill----- options:

- a. Winning
- b. Coach
- c. Chess
- d. Outdoor

3. Match ----- line.

- a. Cricket
- b. Basketball
- c. Golf
- d. Hockey
- e. Tennis

4. Answer ----- sentences.

- a. Homework
- b. When we are playing for own self, we just think for own victory, we try to prove ourselves excellent and better than others. But when we are playing for the team, we first understand each other, we create a sense of cooperation with each member of the team, and play unitedly as a single team. We play together and work hard to see the victory of the whole team and get praised.

One level up

1. Homework
2. Both physical and mental fitness are very important for any kind of sports, as it keeps us active, which is very important for any sport, enable us to concentrate and help in becoming determined to win.